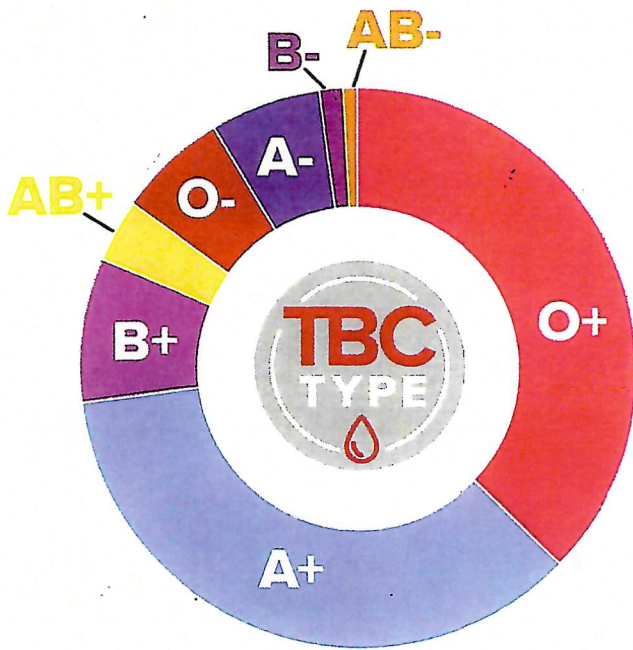


# BLOOD TYPES

Everyone's blood falls into one of four groups, or types. The type depends on the presence or absence of certain substances on red blood cells. Blood types are inherited.



Source: America's Blood Centers

## Compatible Blood Types

**O-** can receive **O-**  
**O+** can receive **O** types

**A-** can receive **A-** **O-**  
**A+** can receive **A** **O** types

**B-** can receive **B-** **O-**  
**B+** can receive **B** **O** types

**AB-** can receive **All-** types

**AB+** can receive **All** types

For more information visit  
[thebloodconnection.org/about-blood/](http://thebloodconnection.org/about-blood/)



**THE BLOOD CONNECTION**  
 Your Community Blood Center

[thebloodconnection.org](http://thebloodconnection.org)



The Blood Connection is a non-profit organization.  
 Blood can be donated every 56 days. Donors must be 16 or older to donate.  
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